

February 2019

Address: 6324 Trail Blvd, Bldg. C Naples, FL 34108

Phone Number: (239) 431-6824

Hours: M W F 10:00 a.m.-4:30 p.m. & TU TH SAT 10:00 a.m.-3:30 p.m.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Wellness Planning 11:00am-12:00pm Meditation 12:00pm- 12:15pm Walmart 1:00pm-2:00pm	2 OPEN
3 CLOSED	4 Chiropractor/ Exercise Class 10:30am-11:30am Current Events 11:30am-12:00pm Bowling 1:00pm- 2:00pm	5 RS Group 11:00am – 12:00pm NAMI Connection 12:30pm - 2:00pm	6 Chiropractor/Exercise Class 11:00am-12:00pm Arts & Crafts 12:30pm - 2:00pm	7 Hearing Voices Seeing Things Group 11:00am – 12:00pm DBT Group 1:00pm- 2:00pm	8 Wellness Planning 11:00am- 12:00pm Meditation 12:00pm- 12:15pm Lotus Healing Group 1:00pm-2:00pm Board Games 1:00pm- 2:00pm	9 OPEN
10 CLOSED	11 Chiropractor/ Exercise Class 10:30am-11:00am Wellness Planning 11:00am-12:00pm Veterans Park 1:00pm- 2:00pm	12 RS Group 11:00am – 12:00pm NAMI Connection 12:30pm - 2:00pm	13 Chiropractor/Exercise Class 11:00am-12:00pm Hearts In Harmony 1:00pm -2:00pm	14 Hearing Voices Seeing Things Group 11:00am – 12:00pm DBT Group 1:00pm- 2:00pm	15 Current Events 11:00am-12:00pm Meditation 12:00pm- 12:15pm Dollar Tree 1:00pm- 2:00pm	16 Closed for the annual NAMI Walk at Cambier Park
17 CLOSED	18 Chiropractor/ Exercise Class 10:30am-11:00am Wellness Planning 11:00am-12:00pm Movies & Pizza 12:30pm-2:00pm	19 RS Group 11:00am – 12:00pm NAMI Connection 12:30pm - 2:00pm	20 Chiropractor/Exercise Class 11:00am-12:00pm Arts & Crafts 12:30pm-2:00pm	21 Hearing Voices Seeing Things Group 11:00am – 12:00pm DBT Group 1:00pm- 2:00pm	22 Current Events/ Calendar Planning 11:00am-12:00pm Meditation 12:00pm- 12:15pm Lotus Healing Group 1:00pm-2:00pm Bingo 1:00pm-2:00pm	23 OPEN
24 CLOSED	25 Chiropractor/ Exercise Class 10:30am-11:00am Wellness Planning 11:00am-12:00pm Barnes & Noble 1:00pm-2:00pm	26 RS Group 11:00am – 12:00pm NAMI Connection 12:30pm - 2:00pm	27 Chiropractor/Exercise Class 11:00am-12:00pm Hearts In Harmony 1:00pm-2:00pm	28 Hearing Voices Seeing Things Group 11:00am – 12:00pm DBT Group 1:00pm- 2:00pm		

Our new location is north of the corner of Pine Ridge Rd and US 41 North, on Trail Blvd opposite the Waterside Shops; Red bus line Route 1B. Sign up for outings is one working day prior to outing. Activities and outings usually start between Noon and 1pm, and may be re-scheduled. Management reserves the right to limit outing participation to members who are frequent visitors. For immediate and after-hours support and information about local resources, call The CLEAR ACCESS LINE at 1-800-945-1355 between the hours of 8:00am and 6:00pm. In an emergency, call 911.

